

## JOIN THE WELLNESS COMMITTEE



Help contribute to the development, implementation, review and update of the Wellness Policy!

The main goal of the Wellness Policy is to help create a safe and healthy school environment that enriches the connection between health and learning by providing consistent health messages and access to healthy food choices district-wide.

Join the Wellness Committee to help promote:

- ✓ Nutrition education
- ✓ Physical education & activity
- Nutritional quality of foods available to students during the school day
- ✓ Healthy classroom celebrations & fundraisers

This institution is an equal opportunity provider.

The Wellness
Committee needs
YOU!

**Parents** 

**Students** 

**Teachers & Staff** 

Community
Members

## ALL ARE WELCOME! JOIN TODAY!

Contact Krista Dixon, Nutrition Services Dept. at (626) 312-2900 x255 for more information