



FOLLOW US ON INSTAGRAM
@rosemeadcafe

December

**FREE
BREAKFAST
AND LUNCH
FOR ALL
STUDENTS**

Menu are subject to change without prior notice

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|--|---|--|--|---|
| <p>2 Breakfast Sausage Sandwich Three Cheese Cavatappi with Garlic Breadsticks</p> | <p>3 French Toast with Turkey Sausage Chicken Taquitos, Mexican Rice, Guacamole and Refried Beans</p> | <p>4 Assorted BeneFIT Bar Breaded Chicken Filet Sandwich with Seasoned Wedges</p> | <p>5 Freshly Baked Chocolate Scones Teriyaki BBQ Chicken, Brown Rice & Garlicky Broccoli</p> | <p>6 Chocolate Chip Muffin Beef Taco Stick with Chipotle Southwest Salad</p> |
| <p>9 Breakfast Pizza Bagels Kickin' Nuggets with Freshly Baked Chocolate Chip Cookie</p> | <p>10 Assorted Concha Spicy Italian or Turkey Cold Cut Deli Sandwich with Garbanzo Bean Salad</p> | <p>11 Mini Pancake Sausage Bites Pasta Bolognese, Garlic Knot, and Garlicky Broccoli</p> | <p>12 Bagel with Cream Cheese Chicken & Veggie Dumplings with Sesame Ginger Salad</p> | <p>13 Housemade Cinnamon Pancake Squares Cheeseburger Sliders, Crinkle Cut Fries, and BBQ Baked Beans</p> |
| <p>16 Breakfast Apple Mini Bites Boneless Chicken Wings, Mashed Potatoes, Corn & Dinner Roll</p> | <p>17 Colby Cheese Omelet with Biscuit Crunchy Beef Taco, Mexican Rice, Refried Beans</p> | <p>18 Freshly Baked Cinnamon Rolls Hamburger or Cheeseburger with Seasoned Wedge Fries</p> | <p>19 Ham & Cheese Croissant Mandarin Orange Chicken, Brown Rice & Garlicky Broccoli</p> | <p>20 Double Chocolate Chip Muffin Pepperoni or Cheese Pizza with Kale Caesar Salad</p> |
| <p>23 24 25 26 27 W I N T E R B R E A K</p> | | | | |
| <p>30 FRESHLY PREPARED PLANT-BASED</p> | <p>31 LUNCH CHOICES INCLUDES ASSORTED FRESH FRUIT, VEGETABLES, AND 1% OR FAT FREE MILK</p> | <p>Mon - Grilled Cheese Sandwich Tu - Bean & Cheese Burrito Wed - Cheesy Pull Apart Th - Three Cheese Calzone Fri - Chicken Caesar Wrap or Turkey Bacon Club</p> | | |

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PLANT-BASED

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This institution is an equal opportunity provider