



FOLLOW US ON INSTAGRAM
@rosemeadcafe

March

**FREE
BREAKFAST
AND LUNCH
FOR ALL
STUDENTS**

Menu are subject to change without prior notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 3 Assorted Cereal with Crackers Boneless Chicken Wings & Donuts or Grilled Cheese Sandwich	4 Assorted Pop Tart with Cracker Spicy Italian or Cold Cut Sandwich or Beef Hot Dog with Three Bean Chilis	5 French Toast Sticks with Turkey Sausage Chicken Wings or Wings of Fire, Garlic Knot, and Seasoned Wedges	6 UBR Chocolate Chip Breaded Spicy or Regular Chicken Filet Sandwich with Coleslaw	7 Chocolate Chip Muffin Pepperoni, Sausage or Cheese Pizza with Tossed Salad
10 Breakfast Egg & Sausage Sandwich Chicken Penne Alfredo, Breadstick & Garlicky Broccoli	11 Mini Powdered Donuts Nashville Hot Chicken Tenders with Corn Bread Poppers and Cross Trax Fries	12 Freshly Baked Cinnamon Rolls Chicken & Vegetable Dumplings with Chow Mein	13 Bagel with Cream Cheese Chicken Waffle Sandwiches with Tater Tots & BBQ Baked Beans	14 Ham & Cheese Croissant Pepperoni, Sausage or Cheese Pizza with Tossed Salad
17 Assorted Cereal with Crackers Boneless Chicken Wings & Donuts or Grilled Cheese Sandwich	18 Assorted Concha Crunchy Beef Taco with Refried Beans, Spanish Rice, and Elote Salad	19 Freshly Baked Chocolate Chip Scones Spaghetti & Meatballs with Garlicky Broccoli	20 Mini Chocolate Donuts Grassfed Hamburger or Cheeseburger with Crinkle Cut Fries	21 Egg, Cheese & Sausage Tornado Pepperoni, Sausage or Cheese Pizza with Tossed Salad
24 Dutch Waffle Three Cheese Cavatappi with Garlic Breadsticks and Garlicky Broccoli	25 Breakfast Pizza Bagels Carne Asada Nachos, Refried Beans, Guacamole, and Pico de Gallo	26 Pancake on a Stick General Tso Chicken, Brown Rice, Fortune Cookie, and Garlicky Broccoli	27 Bagels with Cream Cheese Breaded Chicken Drumstick, Onion Rings, and Mashed Potato	28 Scrambled Eggs, Toast & Hash Browns Manager's Special
31 Breakfast Egg, Cheese & Bacon Sandwich Beef Pasta Bolognese with Garlic Knot or Three Cheese Calzones	<div data-bbox="619 1213 1075 1378" data-label="Complex-Block">   Freshly Prepared  Plant-Based </div> <div data-bbox="1207 1198 1575 1362" data-label="Text"> <p>Meals includes assorted fresh fruit and/or vegetables, and 1% or fat free milk</p> </div> <div data-bbox="1585 1213 1879 1398" data-label="Image"> </div>			

