



# ROSEMEAD SCHOOL DISTRICT

## JULY 2025 BREAKFAST & LUNCH

**\*\*Free breakfast and lunch for all kids ages 1-18!**  
**\*\*All breakfast items are whole grain rich and reduced sugar**



| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|--|---|--|--|
| 30  | 1<br>Bagel with Cream Cheese and Sliced Apple<br><br>Chicken Tamales, String Cheese, Refried Beans, and Fresh Strawberries | 2<br>Blueberry Lemon Scones and Fresh Strawberries<br><br>Chicken Filet Sandwich, Roasted Ranch Chickpeas, Coleslaw, and Banana | 3<br>Chocolate Chip Muffin and Fresh Strawberries<br><br>Cheeseburger Sliders, Tater Tots, and Watermelon Chunks | 4<br><b>4th of July</b>  |
| 7<br>Assorted Cereal, Cracker, and Seasonal Fruit<br><br>Chicken Nuggets, Chocolate Chip Cookie, Corn and Sliced Apples         | 8<br>Assorted Concha and Sliced Apple<br><br>Beef Taco Sticks, Refried Beans, and Fresh Strawberries                       | 9<br>Chocolate Chip Scones and Fresh Strawberries<br><br>Grassfed Hot Dogs with Crinkle Cut Fries and Banana                    | 10<br>Double Chocolate Chip Muffin and Banana<br><br>Pepperoni Calzones, Broccoli, and Watermelon Chunks         | 11<br>Egg, Cheese & Sausage Tornadoes and Watermelon Chunks<br><br>Galaxy Cheese or Pepperoni Pizza with Tossed Salad, and Honeydew Chunks |
| 14<br>Assorted Cereal, Cracker, and Seasonal Fruit<br><br>Boneless Chicken Wings, Mashed Potato, Dinner Roll, and Sliced Apples | 15<br>UBR Chocolate Chip and Sliced Apple<br><br>Chicken Taquitos, Guacamole, Refried Beans, and Fresh Strawberries        | 16  | 17   | 18   |
| 21  | 22   | 23  | 24   | 25   |
| 28  | 29   | 30  | 31   | 1  |

1% white milk and non-fat chocolate milk available with ALL meals

Two servings of fruit and/or vegetables offered daily with ALL meals



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