


















FOLLOW US ON INSTAGRAM
@rosemeadcafe

SEPTEMBER

FREE BREAKFAST
AND LUNCH FOR
ALL STUDENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 SCHOOL CLOSED
4 	5 Eggoji Waffles with Syrup Beef Taco, Spanish Rice, Elote Salad & Refried Beans 	6 Eggstravaganza with Toast Breaded Chicken Drumstick with Garlic Knot	7 Yogurt & Granola Spaghetti & Meatballs 	8 Cinnamon Crumb Squares Papa John's Cheese or Pepperoni Pizza with Kale Caesar Salad 
11 Double Chocolate Chip Muffin Beef Lasagna	12 Breakfast Pizza Bagels Subway Turkey & Cheese Sandwich with Garbanzo Salad 	13 Mini Cinnis Breaded Chicken Patty with Coleslaw 	14 Breakfast Pizza Bagels Teriyaki Chicken, Brown Rice, & Garlicky Broccoli 	15 Chocolate Chip Muffin Cheeseburger Sliders with Baked Fries
18 Egg & Chorizo Breakfast Burrito Kickin' Nuggets, Cross Trax Fries, & Chocolate Chip Cookie	19 Assorted BeneFIT Bars Fish Tacos with Pineapple Coleslaw 	20 Orange Julius Smoothie with Cracker  Pasta Bolognese 	21 Bagel with Cream Cheese Chicken & Veggie Dumplings with Garlicky Broccoli 	22 Ultimate Breakfast Rounds (UBR) Cheesy Pull Aparts with Marinara
25 Breakfast Sausage Sandwich  Chicken Nuggets with Sun Chips	26 Mango Lassi  100% Beef Hot Dog with BBQ Beans 	27 Blueberry Lemon Scones Hamburger or Cheeseburger with Potato Wedges	28 Pan Dulce (Mexican Sweet Bread) Orange Chicken, Brown Rice, & Garlicky Broccoli 	29 Double Chocolate Chip Muffin Beef Lasagna

Lunch choices includes assorted fresh fruit, vegetables, and 1% or fat free milk

 Freshly Prepared On Site!

Menu are subject to change without prior notice



This institution is an equal opportunity provider