

# Talking to Kids About School Safety

An Activity for Families and Classrooms











# FOREWORD

Ensuring your children are safe while attending school is a top-priority for all educators and community leaders. These folks are constantly working to make sure that hazards that can disrupt the learning environment are minimized or eliminated.

Your district is taking an active step in engaging with parents and students by distributing this very special publication, *Talking to Kids About School Safety*. Developed by the **National School Safety Center**, this activity is a structured questionnaire and discussion guide to help adults have a meaningful discussion with children about the things that make them feel safe or unsafe at school.

We invite you and your children to complete the **Talking to Kids About School Safety** activity at home. (It is ideal for kids in the 5th – 12th grades, but it can be used with younger children provided that you explain each question and answer choice carefully.) By doing this you are able to uncover and record how your children feel about their safety in and around school.

> Whether you decide to share your results with the school leaders or not is up to you. Helping your children feel safe in school creates the environment necessary for students to achieve the highest possible level of academic and social success.

> > Working together, we can make a difference!

Craig S. Beytien Publisher of *Talking to Kids About School Safety* VisdomK12, a division of The Grandview Group





**Talking to Kids About School Safety** is a resource designed to raise a child's awareness of safety issues, determine the degree to which they feel safe in their educational environment, and to identify issues that may require a response from adults. Developed by the National School Safety Center and VisdomK12, this resource facilitates a conversation around safety that can occur in the classroom, at home, or both. The results can help families and educators create the safe environment necessary for students to achieve the highest possible level of academic and social success.

#### **HOW DOES IT WORK?**

There are several safety topics that begin with a Lead Question designed to get children thinking carefully about the issue being addressed. Each topic also has follow-up Discussion Questions designed to assist adults if they feel it is necessary to probe deeper into a topic. The format leaves it up to the adult leading the conversation to decide whether they want to address and record every question, or address only the Lead Question and let the conversation flow from there. If a teacher is using this in the classroom, completing and aggregating responses from all students may reveal issues at a classroom level that need to be addressed. Likewise, compiling classroom data will present a school-wide, and even system-wide, view of how students perceive safety in their schools.

#### WHY DO THIS?

Every child has unique experiences in school and they often either don't recognize a problem, or they hesitate to discuss them with adults if they do. **Talking to Kids About School Safety** gives your children and students an opportunity to explore their feelings and experiences about safety and to share them with adults who are in a better position to help them address areas of concern. It also demonstrates to children that they have trusted resources they can turn to whenever they need to discuss potential safety challenges.

#### WHEN SHOULD WE DO THIS?

Building administrators can decide whether to make class time available to conduct this questionnaire, or provide it as a resource that can be given to parents. Parents can share what they learn with the school, or simply use the information to coach their own child. There may be significant value in bringing the results together and identifying trends or information that could impact a larger safety plan. The activity is designed to be completed in a typical class period, or as a family activity that takes about an hour.

The last two pages of this tool contain actual survey questions you can print off for the child / student to complete throughout your discussion. The main body of the tool is for the adult(s) to notate responses and discussions. It is not necessary to tally the scores at the end unless you plan on compiling classroom, school, or district scores for analysis.



### SUGGESTIONS FOR PARENTS

Sitting down with your child and using this activity as a guideline not only demonstrates that you care about their experience, but also teaches them to recognize issues and understand how to address them in the future.

To begin, select a time that you and your child can be comfortable, relaxed, and willing to participate in a casual conversation about school, specifically school safety. Use this resource to guide your conversation across each safety topic. It is important that they trust you. Do not push them for answers they are uncomfortable providing – but take note of any hesitancies, as this might be a sign of a problem your child isn't comfortable sharing (and you may want to consult with a school professional). If you uncover an issue that you feel should be addressed with school officials, be sure to talk to your child and address any concerns they have. Often they are afraid of backlash from other students. Do not dismiss these concerns; discuss their concerns with school officials who are trained in conflict resolution. Your child should understand that there is no right or wrong answer and that they are unlikely to get into trouble for being honest.

The first question for each topic is designed to get children to consider the topic and their own experience. Give them time to carefully think about and answer the question. (If this exercise is being done as a school assignment, be sure to record the responses, or ask your child to as directed by their teacher.) Use the follow-up questions to explore a deeper conversation about each topic. This will gently encourage children to better define issues and concerns as well as share more details. Each topic will ask if your child can suggest ways to avoid or manage any conflicts in the topic area. This is your opportunity to teach them how to handle potential safety issues in the future.

# SUGGESTIONS FOR THE CLASSROOM



In the private setting of a home, students can be more open and detailed about experiences and concerns. Because a classroom setting might not be a place students will share specific concerns, this exercise should be more of an anonymous survey that students complete as you work through the safety topics. When exploring the topics, be sure to ask for volunteers to further conversations rather than selecting individuals to respond. Make sure they do not use specific names of other students or adults when referring to experiences they have had or have seen. As with the instructions for parents, it is important that this is a positive interaction with students and completely voluntary, and that they are learning how to positively handle safety issues in the future. If a scenario or behavior arises that concerns you, discuss it in private with the student at a time when others cannot observe the conversation.

The results from this effort will either validate a positive environment for your students, or it will highlight areas of potential concern. Encourage students to provide details and suggestions for making things even better in your classroom and in their school. Finally, consider sending this resource home for your students to continue the conversation with their families along with any information you'd like to provide about the exercise.

#### HOW TO TABULATE A SCORE:

# THE ASSESSMENT

Each of the Lead Questions has four answer choices. Next to each choice you will see one of these numbers in red: **3**, **2**, **1**, or **0**. At the end of this activity you will be asked to add these numbers to arrive at a total score. If you are doing this as part of a classroom exercise or with more than one child, you can use the Student Question Form (included with this exercise). We suggest a teacher or parent tabulate scores and create a class or group average.

It might be useful to begin by establishing what being safe means. This might be best accomplished by asking "How do you describe a safe place?" or "How does it feel to be safe?" Their concept of safety will be helpful in gauging and interpreting their responses during the activity.

#### **1. FEELING SAFE**



#### How safe do you feel at school?

#### **DISCUSSION QUESTIONS:**

PLACES: Are there SPECIFIC PLACES at school where you don't feel safe? (For example, in a hallway, athletic field, school restroom, locker room, etc.) Yes / No If there are, where are they?

TIMES: Are there certain TIMES OF THE DAY when these places are less safe than at other times? Yes/No If YES, select all of the times you feel at all unsafe:

- □ Before school
- After school
- □ During lunch
- □ During recess/free period
- During class
- During gym class
- □ In the library
- Other: \_

If you selected any, can you explain why you feel those times are more unsafe than others?

TRAVELING: Do you feel safe when you are going to school or going home from school? Yes / No If you said No, please explain when, where and why you do not feel safe.

#### 2. INDIRECT PERSONAL PROPERTY LOSS

Over the last year, have you had something taken from your desk, locker, backpack, etc. at school, on your way to or from school, or at a school event?



#### **DISCUSSION QUESTIONS:**

PLACE: Where and when did it happen?

**REACTION: How did you react?** 

- □ I told my teacher or another school official.
- □ I told an adult in my family.
- $\Box$  I told the person who did it that I saw them but did not get it back.
- □ I told the person who did it that I saw them and did get it back.
- □ I didn't tell anybody.
- Other: \_\_\_\_\_

#### FRIENDS:

Have any of your friends had something taken from their desk, locker, or backpack, etc. at school? **Yes/No** What can you tell us about what happened to them?

#### **3. DIRECT PERSONAL PROPERTY LOSS**

# Over the last year, has someone taken money or things directly from you by using force, weapons, or threats at school?



#### **DISCUSSION QUESTIONS:**

PLACE: Where and when did it happen and why do you think it happened?

- □ I told my teacher or another school official.
- □ I told an adult in my family.
- □ I told the person who did it that I saw them but did not get it back.
- □ I told the person who did it that I saw them and did get it back.
- □ I didn't tell anybody.
- Other: \_\_\_

#### **4. PHYSICAL THREAT**

Over the last year, has someone THREATENED to physically hurt you at school, on your way to or from school, or at a school event?

It has happened f times or more			ce. No.
0	1	2	3
0	0	0	0

#### **DISCUSSION QUESTIONS:**

PLACE: Where and when did it happen and why do you think it happened?

**REACTION:** How did you react?

- □ I told my teacher or another school official.
- □ I told an adult in my family.
- □ I told the person who did it not to do it again but they did.
- □ I told the person who did it not to do it again and they stopped.
- □ I didn't tell anybody.
- Other: \_\_\_\_\_

#### **5. VERBAL BULLYING**

Over the last year, has someone bullied you using words (no weapons or threat of physical violence) at school, on your way to or from school, or at a school event?

It has happened four times or more.	It happened two or three times.	It happened once.	No.
0	1	2	3
0	0	0	0

#### **DISCUSSION QUESTIONS:**

PLACE: Where and when did it happen and why do you think it happened?

- □ I told my teacher or another school official.
- □ I told an adult in my family.
- □ I told the person who did it not to do it again but they did.
- □ I told the person who did it not to do it again and they stopped.
- □ I didn't tell anybody.
- Other: \_\_\_\_\_

#### **6. INAPPROPRIATE CONTACT**

Over the last year, has someone touched you in any way when you didn't want them to at school, on your way to or from school, or at a school event?

It has happened four times or more.	It happened two or three times.	It happened once.	No.
0	1	2	3
0	0	0	0

#### **DISCUSSION QUESTIONS:**

PLACE: Where and when did it happen and why do you think it happened?

REACTION: How did you react?

- □ I told my teacher or another school official.
- □ I told an adult in my family.
- □ I told the person who did it not to do it again but they did.
- □ I told the person who did it not to do it again and they stopped.
- □ I didn't tell anybody.
- Other: \_\_\_\_\_

#### 7. SOCIAL MEDIA BULLYING

Over the last year, has anyone bullied you or threatened you, or made you nervous in any way using social media such as Facebook, Instagram, Snapchat, Twitter, a text message, an email, or any other type of social media?



#### **DISCUSSION QUESTIONS:**

PLACE: Where and when did it happen (or almost happen) and why do you think it happened?

- □ I told my teacher or another school official.
- □ I told an adult in my family.
- □ I told the person who did it not to do it again but they did.
- □ I told the person who did it not to do it again and they stopped.
- □ I didn't tell anybody.
- Other: \_\_\_\_\_

#### 8. WEAPONS IN SCHOOL

Over the last year, have you seen a student carrying a gun, knife, or other weapon at school or on the way to or from school?

It has happer times or n	happened two or three times.	I've seen this once.	I have never seen this.
0	1	2	3
0	0	0	0

#### **DISCUSSION QUESTION:**

REACTION: If yes, how did you react?

- □ I told my teacher or another school official.
- □ I told an adult in my family.
- □ I didn't tell anybody.
- Other: \_\_\_\_\_

If yes, was it unusual for you to see a weapon?

#### 9. FIGHTS IN SCHOOL

Over the last year, how many times have you seen students participate in violent activity with the purpose of hurting each other physically?



#### **DISCUSSION QUESTION:**

- □ I told my teacher or another school official.
- □ I told an adult in my family.
- □ I was a by-stander.
- □ I didn't tell anybody.
- Other: \_\_\_\_\_

#### **10. ON THE SCHOOL BUS**

\*Answer this question ONLY if you regularly take the school bus to or from school or school related events.

# Over the last year, how safe have you felt while riding the school bus to or from school or school related events such as field trips and sports activities?

I never feel safe on the bus.	I seldom feel safe on the bus	I usually feel safe on the bus	I always feel safe on the bus
0	1	2	3
0	0	0	0

#### **DISCUSSION QUESTION:**

PLACE: Describe those situations where you did not feel safe on the school bus.

REACTION: If yes, how did you react?

- □ I told the bus driver.
- □ I told my teacher or another school official.
- □ I told an adult in my family.
- □ I told someone else.
- □ I didn't tell anybody.
- □ Other: \_\_\_\_\_\_

#### **11. SCHOOL LEADERS AND TEACHERS**



#### **DISCUSSION QUESTION:**

INACTION: Can you describe times when the adults at your school did not take action when you thought they should have? Explain WHY you think they didn't take action.

#### **12. YOUR PERCEPTION OF SAFETY THREATS**

The previous questions have focused on your personal experience with specific areas of school safety. Below is a list of safety threats that you may or may not have personally experienced at your school. However, you may have heard of other students who have experienced or reported problems or concerns in one of these areas. You may also have a perception or feeling that some of these safety threats are issues at your school. Please indicate your perception of how serious these threats are by placing the appropriate number in the box next to each threat.

This is not a problem at all. (3) This is a small problem. (2) This is a big problem. (1) This is a very big problem. (0)

- [] Vandalism (damaging school, teacher, or student property)
- [ ] Gang activity
- [ ] Alcohol use
- [] Tobacco use
- [] Drug use
- [] Drug selling
- [ ] Racial conflict
- [ ] Social media bullying (on computers, phones, tablets, etc.)
- [] In-person bullying
- [ ] Theft (either from a person or from someplace where they store their belongings)
- [ ] Physical violence (beating people up)

#### **DISCUSSION QUESTIONS:**

When was the last time you participated in a weather-related drill? (i.e., for a tornado, hurricane, severe storm, heat warning)

Do you know where to go in either the school building or in your home in the event of a weather-related emergency?

Do you know what to do if there is an emergency that causes you to leave your classroom?

Do you know what to do if there is an emergency that causes you to stay in your classroom?

Do you feel like you can go to an adult if you see and experience something that is not safe or fair to you or someone else?

#### **13. FEELING SAFE REVISITED**

Having now completed this activity and talked about these issues in more detail, let's answer the first question of this survey again.

#### How safe do you feel at school?

I NEVER feel safe.	I SOMETIMES DO NOT feel safe.	I FEEL SAFE MOST of the time.	I ALWAYS feel safe.
0	1	2	3
0	0	0	0

#### **DISCUSSION QUESTIONS:**

If your answer is different now, why is it different?

In your opinion, what are the three biggest safety issues or threats at your school right now?

#### DISCUSSION QUESTION: RECOMMENDATIONS

If you were in charge of your school district, what would you do about the three biggest safety issues or threats you mentioned above?

Is there anything else about safety that you think we should talk about that we didn't cover?

#### DISCLAIMER

This product is designed to foster conversation and greater awareness among parents, teachers, and the children they care about. We hope it can be used to support safe school planning activities and the critical decision-making processes required of school communities. Each community must make unique choices to meet school safety needs that reflect their local environment. Neither VisdomK12 nor National School Safety Center makes any warranty, expressed or implied, nor assumes any legal liability or responsibility for the completeness, usefulness or accuracy of any information, apparatus, product or process provided for consideration or use.

# CALCULATING YOUR STUDENT'S SCORE

0.00 - 0.50 = An overall feeling of EXTREMELY UNSAFE conditions
0.51 - 1.0 = An overall feeling of VERY UNSAFE conditions
1.01 - 1.50 = An overall feeling of SOMEWHAT UNSAFE conditions
1.51 - 2.00 = An overall feeling of SOMEWHAT SAFE conditions
2.01- 2.50 = An overall feeling of GENERALLY SAFE conditions
2.51 - 3.00 = An overall feeling of VERY SAFE conditions

#### **CALCULATING A SCORE**

You can calculate a total score for each student by adding the points from the responses to the Lead Questions and then dividing that SUM by the number of questions answered. This will produce an AVERAGE score that represents a student's overall feelings about safety in their school environment. There are 13 Lead Questions with point values of 0, 1, 2, or 3. Please note that Question 11 contains a list of 11 items, each with a point value of 0, 1, 2, or 3. Also note that not every student will be able to answer Question 10 dealing with school bus safety. For those students who do not ride a bus, their score should be based on 12 questions instead of 13.

#### **INTERPRETING SCORES BY LEAD QUESTION**

The average scores for each Lead Question are very important and should be assessed individually as well. It's possible that your school is perceived to have VERY SAFE conditions overall but some VERY UNSAFE specific conditions. Therefore, the aggregated results for each Lead Question should be carefully considered.

Caution: We do not recommend that any school use the results of this exercise as the sole indicator of school safety. This exercise focuses on student attitudes and beliefs about safety and may or may not correlate to actual facts and other observable evidence in your school environment. However, student perception is an important factor to consider. If, for example, a significant percentage of students report that they believe Drug Use or Social Media Bullying is happening often, school officials should investigate and address these perceptions. Parents who use this exercise with their children should not hesitate to share these results with the child's school. In fact, we encourage you to share this exercise with neighbors and other families in your school or church community. The most important outcome of this exercise may well be the dialogue that it enables around the topic of School Safety.



### **CONCLUSION**

You have completed the questions for the Talking to Kids About Safety exercise. If you choose to provide the results to the teacher, school administration, or district administration you will be contributing to their awareness of any potential issues students perceive in the district. More importantly, when people share, people care. When you participate in the discussion, you also participate in the solution by sharing your awareness and perspectives with responsible adults including your parents. As one youngster put it while talking to his teacher: "It's been a long time since you've been a kid, hasn't it Mr. Preston?" Sharing, caring and problem solving go hand-in-hand.

#### **ABOUT THIS EXERCISE**

**Talking to Kids About Safety** was created by Dr. Ron Stevens and the National School Safety Center. This exercise is published by VisdomK12, an educational technology company dedicated to improving the K12 educational environment through stakeholder collaboration and evidence-based decisions. For more information, please visit us at **www.visdomK12.com**.

#### **OUR COMMITMENT TO SCHOOL SAFETY**

VisdomK12, a division of The Grandview Group, is committed to making schools a safer place to learn, work, and play. We welcome inquires from educators, parents, and the media.

#### **CONTACT US:**

info@visdomk12.com 800-870-8513 2150 S. Country Club Drive Suite #12 Mesa, AZ 85210

## SCHOOL SAFETY STUDENT SURVEY

First and Last Name of Student

Name of Student's School

Student's Grade Level (example: 6th Grade)

First and Last Name(s) of Adult(s) who Worked with Student on this Survey\_

Relationship to Student: Parent(s) Grandparent Other Adult Family Member Legal Guardian Other

#### **1. FEELING SAFE**

How safe do you feel at school?

I NEVER feel safe.	I DO NOT feel safe MOST of the time.	I FEEL SAFE MOST of the time.	I ALWAYS feel safe.
0	1	2	3
0	0	0	0

#### 2. INDIRECT PERSONAL PROPERTY LOSS

Over the last year, have you had something taken from your desk, locker, backpack, etc. at school, on your way to or from school, or at a school event?

It has happened four times or more.	It happened two or more times.	It happened once.	No.
0	1	2	3
0	0	0	0

#### 3. DIRECT PERSONAL PROPERTY LOSS

Over the last year, has someone taken money or things directly from you by using force, weapons, or threats at school?

It has happened four times or more.	It happened two or more times.	It happened once.	No.
0	1	2	3
0	0	0	0

#### 4. PHYSICAL THREAT

Over the last year, has someone THREATENED to physically hurt you at school, on your way to or from school, or at a school event?

It has happened four times or more.	It happened two or more times.	It happened once.	No.
0	1	2	3
0	0	0	0

#### 5. VERBAL BULLYING

Over the last year, has someone bullied you using words (no weapons or threat of physical violence) at school, on your way to or from school, or at a school event?

It has happened four times or more.	It happened two or more times.	It happened once.	No.
0	1	2	3
0	0	0	0

#### **6. INAPPROPRIATE CONTACT**

Over the last year, has someone touched you in any way when you didn't want them to at school, on your way to or from school, or at a school event?

It has happened four times or more.	It happened two or more times.	It happened once.	No.
0	1	2	3
0	0	0	0

#### 7. SOCIAL MEDIA BULLYING

Over the last year, has anyone bullied you or threatened you, or made you nervous in any way using social media such as Facebook, Instagram, Snapchat, Twitter, a text message, an email, or any other type of social media?

It has happened four times or more.	It happened two or more times.	It happened once.	No.
0	1	2	3
0	0	0	0

#### 8. WEAPONS IN SCHOOL

Over the last year, have you seen a student carrying a gun, knife, or other weapon at school or on the way to or from school?

It has happened four times or more.	It happened two or more times.	I've seen this once.	I have never seen this.
0	1	2	3
0	0	0	0

#### 9. FIGHTS IN SCHOOL

Over the last year, how many times have you seen students participate in violent activity with the purpose of hurting each other physically?

It has happened four times or more.	It happened two or more times.	I've seen this once.	I have never seen this.
0	1	2	3
0	0	0	0

10. ON THE SCHOOL BUS \*ANSWER THIS QUESTION ONLY IF YOU REGULARLY TAKE THE SCHOOL BUS TO OR FROM SCHOOL OR SCHOOL RELATED EVENTS.

In your experience, do adults at the school, especially teachers, principals, and administrators usually take
action when a safety issue is reported to them?

I never feel safe on the bus.	I seldom feel safe on the bus.	I usually feel safe on the bus.	I always feel safe on the bus.
0	1	2	3
0	0	0	0

#### **11. SCHOOL LEADERS AND TEACHERS**

In your experience, do adults at the school, especially teachers, principals, and administrators usually take action when a safety issue is reported to them?

They never take action.	They don't usually take action.	They usually take action.	They will take action every time.
0	1	2	3
0	0	0	0

#### **12. YOUR PERCEPTION OF SAFETY THREATS**

The previous questions have focused on your personal experience with specific areas of school safety. Below is a list of safety threats that you may or may not have personally experienced at your school. However, you may have heard of other students who have experienced or reported problems or concerns in one of these areas. You may also have a perception or feeling that some of these safety threats are issues at your school. Please indicate your perception of how serious these threats are by placing the appropriate number in the box next to each threat.

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- ] Vandalism (damaging school, teacher, or student property)
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- ] Tobacco use ] Drug use
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- Racial conflict
- ] Social media bullying (on computers, phones, tablets, etc.)
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- ] Theft (either from a person or from someplace where they store their belongings)
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#### **13. FEELING SAFE REVISITED**

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How safe do you feel at school?				
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	0	1	2	3
	0	0	0	0

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